

Confirmation

Retreat Journal



Name: _____

Part One: Challenges to Religious Being

Meg learned a lot about science from her parents. Who first told you about your Catholic faith? Who has helped you learn more about Christianity?

Meg feels sad and lost without her father. When have you questioned your faith, felt lost, or found it hard to hope? Who/what gets you through that sad time?

A Wrinkle in Time

What characteristics do you notice in a character that you relate to? How is the character like you? How are they different?

Charles Wallace seems to have this eternal hope, this constant faith and belief that they will find their father and bring him home. One of the main virtues of Christianity is hope. What do you most hope for? How does hope get us through difficulties?

Part Two: On the Journey

One of Meg's first adventures after tessering is to ask flowers where her father is. They speak "Color" and she doesn't. Was there a time you weren't sure how to "speak another language"? In other words, did you struggle to connect with someone or something? Write about the struggle.

When the group goes to see Happy Medium, they all are balanced on wood beams. Meg struggles to find her balance. What helps you to find your balance when life seems out of sorts? What activities are truly you and how often do you engage in them (reading, drawing, art, music, writing, creating, playing)? Which people in your life can help you find your balance? What do you say to them when you need their help?

A Wrinkle in Time

Calvin thinks he knows how to get over the wall, but Meg quickly calculates another option. She asks Calvin, “do you trust me?” Who has shown trust in you? Who do you trust?

Mrs. Whatsit gives Meg the gift of her faults. We all have faults. Some of our faults can be gifts or blessings. What gifts do you have that are specific to you? Share a time when you felt you needed more gifts from God.

Courage – the quality that allows one to overcome fears & obstacles.

Wisdom – knowing what comes from God and what does not.

Understanding – comprehending how we need to live as followers of Christ.

Counsel – Ability to know between right and wrong.

Knowledge – awareness or understanding of someone or something.

Piety – Showing God that we love God

Fear of the Lord – Recognizing how great God is.

Part Three: Loving and Living with God

The IT is darkness—it can be equated with true evil in our world. Evil that seeks to take over and destroy people’s relationship with God. God’s Spirit dwells in you. How do you make room for God’s Spirit to grow? How do you turn your back on evil and face light and love?

Meg doesn’t give up on saving Charles Wallace. Christ didn’t give up on saving you. He died so that your sins will be forgiven. His resurrection calls us to change our lives—to commit ourselves to living as God wants us to, every day! Write a prayer or poem to God expressing how you feel about this.

- Love God. Love your neighbor as yourself. Forgive others who have wronged you. Love your enemies.

The characters seem grateful for their rescue and newfound confidence . How will you express gratitude to God for His saving power in your life?

A Wrinkle in Time

- Repentance of sins is essential. Don't be hypocritical. Don't judge others.

Which themes of Christianity do you recognize in this film?

Spiritual Growth Experience

Attend Mass, Adoration, Taize, or other Catholic spiritual experience live or virtually.

Where did you see God in this experience? Write or draw about how you felt, what you saw or heard.



What was hard for you? Easy? What might you do differently next time to enhance your experience of Mass/ Adoration/Taize?

Closing Prayer

Reader: For our Confirmation Parents and Sponsors, that their words and actions serve to inspire and encourage their candidates as they prepare to receive the sacrament; let us pray to the Lord.

Response: Lord, hear our prayer

Reader: For our Confirmation Parents and Sponsors, that this time of preparation serves to strengthen the bonds of love and understanding with their candidates; let us pray to the Lord.

Response: Lord, hear our prayer

Reader: For our candidates, that they may give witness to Christ by lives built on faith and love; let us pray to the Lord.

Response: Lord, hear our prayer

Reader: For our candidates, that the gifts they received at Baptism may be strengthened by the Holy Spirit and enflame in them a desire to live as disciples of Christ; let us pray to the Lord.

Response: Lord, hear our prayer

Reader: At your small group table, you are now invited to share your own intentions for prayer. Who or what would you like to pray for at this time? **{LONG PAUSE}**

For these intentions and for those we hold in the depths of our hearts, we pray to the Lord.

Response: Lord, hear our prayer.

Leader: Let us ask our Blessed Mother's help. Hail Mary...