

# *Confirmation Retreat Journal*



## The Blind Side

Name: \_\_\_\_\_

Why do you think we chose this movie as an option to watch as you prepare for your Confirmation?

Discipleship means living like a follower of Jesus.

How do the characters in the movie act in ways that reflect "What Would Jesus Do?"

## *Gifts of the Holy Spirit*

In the movie different characters have different talents or gifts.

What inside you makes you good and how can that be made great?

What role does the Holy Spirit play in developing your gifts?

**Courage** – the quality that allows one to overcome fears & obstacles.

**Wisdom** – knowing what comes from God and what does not.

**Understanding** – comprehending how we need to live as followers of Christ.

**Counsel** – Ability to know between right and wrong.

**Knowledge** – awareness or understanding of someone or something.

**Piety** – Showing God that we love God

**Fear of the Lord** – Recognizing how great God is.

Disciples answer God's call and go where God sends them.

How did the characters in the movie answer God's call?

What do you notice about the places where God sent them?

- Love God. Love your neighbor as yourself. Forgive others who have wronged you. Love your enemies.

The Christian faith is about willing the best for others. You don't have to like everyone you meet, but you must love them with kindness and selflessness.

How do you see yourself loving others with a Christian love?

Write or draw about how faith and religion are portrayed in the movie.

Which themes of Christianity do you recognize in this film?

- Repentance of sins is essential. Don't be hypocritical. Don't judge others.

# Spiritual Growth Experience

Attend Mass, Adoration, Taize, or other Catholic spiritual experience live or virtually.

Where did you see God in this experience? Write or draw about how you felt, what you saw or heard.



What was hard for you? Easy? What might you do differently next time to enhance your experience of Mass/ Adoration/Taize?

## **Closing Prayer**

**Student:** For my Parents and Sponsor, that their words and actions serve to inspire and encourage me as I prepare to receive the sacrament; let us pray to the Lord.

**Response: Lord, hear our prayer**

**Parent/Sponsor:** For (Student Name), that you may give witness to Christ by your life built on faith and love; let us pray to the Lord.

**Response: Lord, hear our prayer**

**Student:** For my Parents and Sponsor, that this time of preparation serves to strengthen the bonds of love and understanding with me; let us pray to the Lord.

**Response: Lord, hear our prayer**

**Parent/Sponsor:** For (Student Name), that the gifts you received at Baptism may be strengthened by the Holy Spirit and enflame in you a desire to live as a disciple of Christ; let us pray to the Lord.

**Response: Lord, hear our prayer**

You are now invited to share your own intentions for prayer. Who or what would you like to pray for at this time? Share with each other.

For these intentions and for those we hold in the depths of our hearts, we pray to the Lord.

**Response: Lord, hear our prayer.**

**Let us ask our Blessed Mother's help. Hail Mary...**