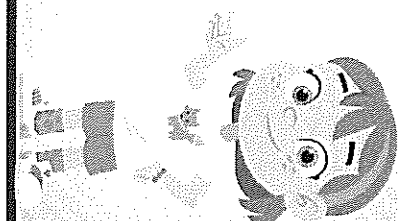
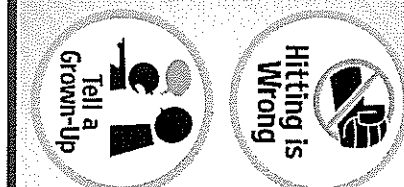


# Know When to Tell



This book belongs to:

1



Sarah knows that **Hitting is Wrong**. We always **Tell a Grown-Up** about **Hitting**.

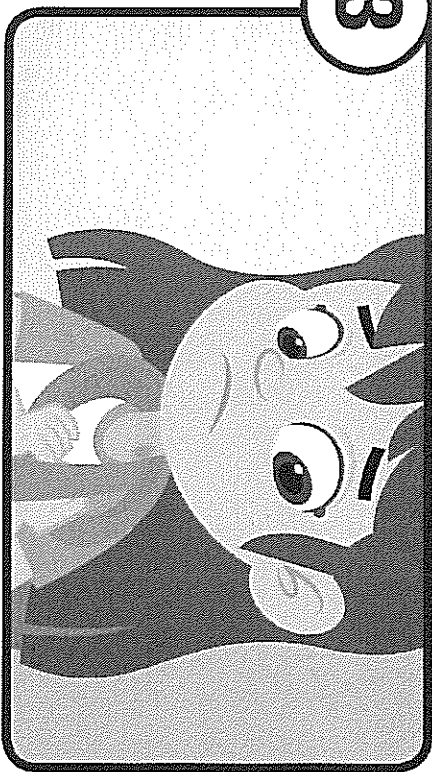
cut line

2



Sarah saw a bruise on her friend Abby's arm.

3



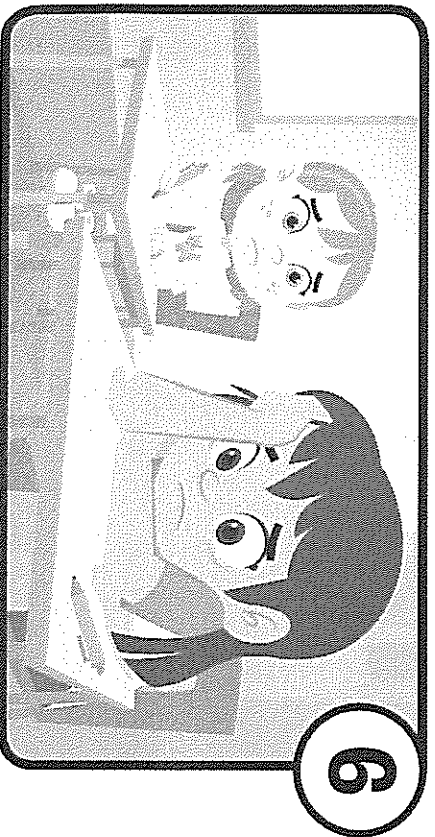
The next day, she noticed another bruise on Abby's neck.

fold line

cut line



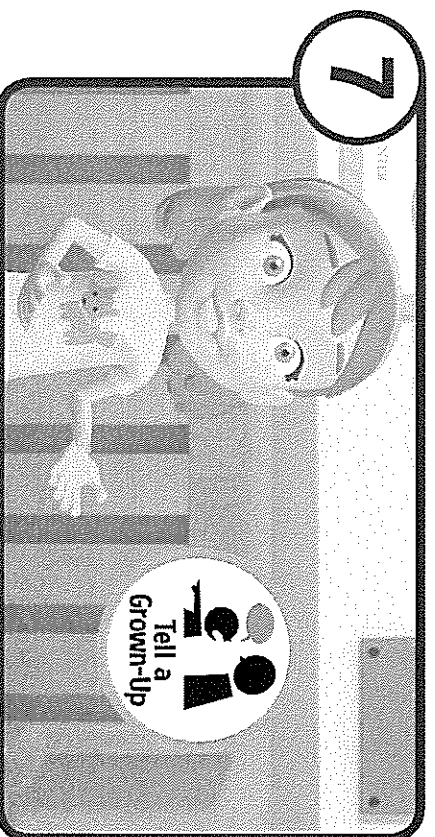
Sarah asked Abby if someone at home hit her.



Sarah knew that we can never keep hitting a secret. Hitting is **abuse**.



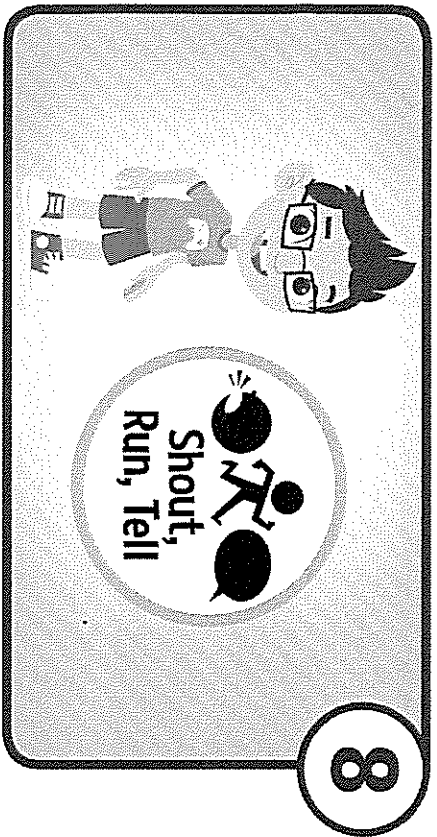
Abby said yes, but she made Sarah promise not to tell anyone about it.



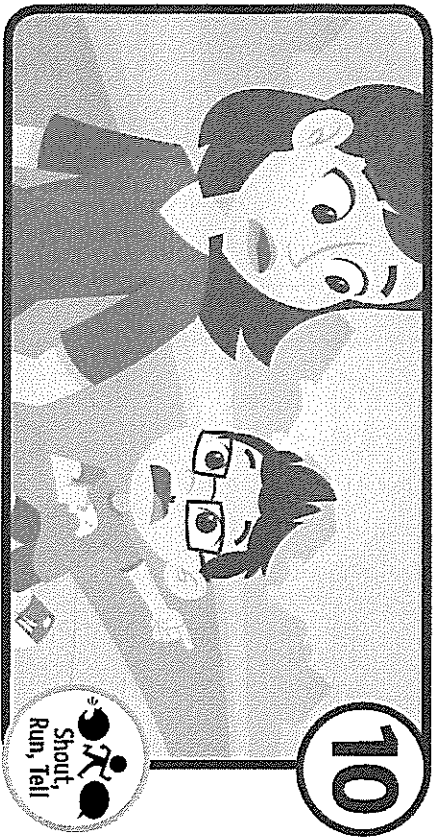
Sarah helped Abby by **Telling a Grown-Up** about her bruises.

cut line

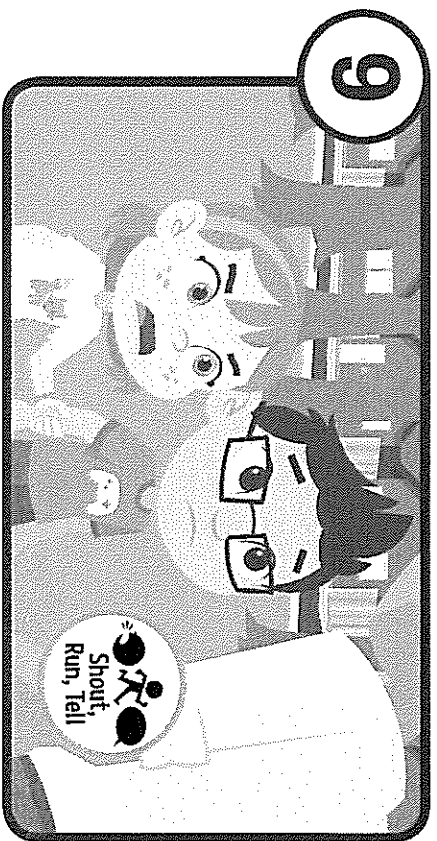
fold line



Lenny knows that we **Shout, Run, and Tell** if someone makes us feel **unsafe**.




Then we **get away** and **Tell a Grown-Up** we **trust**.




We **shout** for them to stop so that everyone can hear.

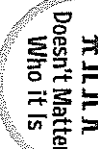
## The Protect Yourself Rules

- 

**Tell a Grown-Up**
- 

**Safe Touch, Unsafe Touch**
- 

**Shout, Run, Tell**
- 

**Hitting is Wrong**
- 

**It Doesn't Matter Who it Is**
- 

**Stranger Safety**

Lenny and Sarah use **The Protect Yourself Rules** to stay safe.

cut line

fold line

staple

staple